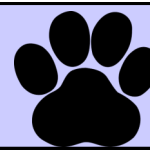


FRIDAY NEWS NOTES



Friday, December 6, 2019

STEPHENSON MASTER CALENDAR

Saturday, December 7:
PTA Winter Bazaar,
10:00am-4:00pm

December 10:
PTA Meeting, 8:00am

Site Council, 3:00pm

December 13:
5th grade Safety Patrol
Pizza Party, 11:05-11:30am

K Gingerbread Day,
12:15pm-2:00pm

December 18:
**Spirit Day “Crazy
Hair Day”**

December 19:
**Spirit Day “Hat
Day”**

Season of Sharing Ends

December 20:
**Spirit Day “Blue/
Yellow Day”**

Lion Pride Assembly,
1:30pm-2:00pm

**Season of Sharing Pick-
Up**

December 23–January 3:
Winter Break
Schools CLOSED

January 6:
School Resumes

January 14:
Site Council, 3:00pm
PTA Mtg., 6:00pm

From Principal Galindo...

أهلا وسهلا • 歡迎 • Welcome • ברוך הבא • ようこそ • 환영 • Добро пожаловать • Soo dhawoow • Bienvenidos • Chào Mừng
STEPHENSON ELEMENTARY SCHOOL



Dear Stephenson Learning Community,

Winter Bazaar: Please join us for the **3rd Annual PTA Winter Gift Bazaar** on Saturday, Dec. 7th from 10:00am-4:00pm in the gymnasium. Admission is free and will feature home made gifts by local artists. Thank you to Mackenzie Moore and Heather Abbott for their outstanding leadership and organization of the event.

Student ID Cards: We will begin selling Student ID cards each morning and afterschool near the front doors. 4th grade students will lead the activity along with support from Principal Galindo. Student ID cards are \$2.00 each. All proceeds and funds raised will benefit the 4th grade Oregon Trail Overnight Field Trip. See flyer on page 4 in FNN for further information.

Spirit Days-Mark Your Calendars: Stephenson students are encouraged to participate in our Spirit Days on December 18-20, 2019. The three days will include **Crazy Hair Day, Hat Day and Blue and Yellow Day**. Further information is on page 6 in today's FNN.

Our **Season of Sharing** has begun. Stop by the office and pick up a snowman hanging in the main office window from one of our families in need. Gifts requested vary from toys, clothes to gift cards. We are also collecting new socks and underwear to donate to the PTA Clothes Closet for other families in need whose children attend PPS schools. Please direct any questions you may have to Principal Galindo at cgalindo@pps.net.

Donations – Student Meal Accounts: Many generous people and organizations in the community have made donations towards student meal accounts. If you are interested in making a donation towards student meal accounts, you can visit the Nutrition Services website, <https://www.pps.net/nutrition>, and click on Donate Here.

We continue to promote **Oregon Battle of the Books** in the library and 3rd-5th students have been returning their OBOB forms. Permission forms are due this week, however, we can still accept forms before battles begin after winter break. The practice and official battles will begin in January. We will provide a schedule in the next few weeks. The regional competition is to be determined but should occur on a Saturday in March. As forms continue to come in, we will assess how many new students will need an informational meeting. Students will watch a mock battle and have the opportunity to ask questions. Parents are also welcome to watch the mock battle or we can arrange an informational meeting for questions. We could use a few volunteers to help us run the battles during lunch recess during the months of January through March. Volunteers would assist in reading questions, keeping time or keeping score. If you have any questions, please contact Mr. Rocha in the library. OBOB Information and practice questions can be found at <http://www.pps.net/Page/9470>.

Thank you for your continued support and dedication to students and staff of Stephenson Elementary.
Respectfully,
Carlos

When Inclement Weather Hits, Here's How PPS Keeps You Posted...

The long-range weather forecast for Portland is calling for a mild winter, but if you've been in Portland for any length of time, you know forecasts can be, well, only so accurate. If you have students in Portland Public Schools, please get to know the ways we inform you when weather forces closures and delays.



Three ways we send messages to families about delays, closures and other weather-related decisions:

- Phone calls:** Automated calls, in all supported languages (Spanish, Vietnamese, Chinese, Russian and Somali), will be placed to the primary number listed on each student's registration. If you've changed your number recently, please update it with your school.
- Email:** An automated message will be sent to the email address you listed in your child's registration. The message will be translated into our five supported languages.
- Text message:** You will receive a text message on your cell phone, but first you'll have to opt in to the SchoolMessenger system by texting "Yes" or just "Y" to 68453. Note: If you opt in, you will still receive an auto-dialer call.

We also post updates online:

Twitter: Follow our account, [@PPSConnect](#).

Facebook: Connect with us at [facebook.com/pps.homepage](https://www.facebook.com/pps.homepage).

PPS Website: Go to [net](#) and look for a yellow bar across the top of the page. That's where you'll find more detailed information, such as snow routes for buses. Messages will be translated.

"HEADING OFF" HEAD LICE

It's that time of year again when head lice may spread. Remind students not to share clothes or hats, and keep their heads apart (lice do not jump, but they can crawl from one head to another). Looking for information and/or resources? Check out the MESD website <http://www.mesd.k12.or.us/Page/510> in the Parent Information tab.

Live lice survive for 30-35 days. An adult female louse produces 4-6 eggs, or nits, per day. The nits hatch after 7-10 days. Symptoms of head lice include itching, scratching, a rash on the nape of the neck, and the appearance of live bugs. The nits are often mistaken for dandruff. The difference is that dandruff flakes off, whereas nits stick to the hair shaft and will not move.

Regardless of the treatment that is chosen to get rid of live lice, manual removal of nits on a daily basis is the only effective guarantee to get rid of an infestation. Yes, it's admittedly time consuming. However, all parents are recommended and encouraged to do a head check on their student at least once a week.

From Nurse Mitchell...

Parent Discussion Distinguishing - Flu vs. Cold

Distinguishing Flu vs. Cold Influenza (or flu) is different from a cold. Both a cold and the flu are respiratory illnesses, yet they are caused by different types of viruses with different symptoms. The flu usually comes on suddenly. To recognize flu symptoms, remember Flu F.A.C.T.S. (Fever, Aches, Chills, Tiredness, and Sudden onset). Children can have additional flu symptoms that are rare in adults, including vomiting and diarrhea.



Flu Facts Children are two to three times more likely than adults to get sick with the flu. Children can pass the flu virus to others for a period of more than seven days after symptoms start. On average, one-third of family members in families with school-age children are infected with the flu each year.

Typically, influenza affects five to 20 percent of the U.S. population each year. While the flu season is unpredictable, the U.S. Centers for Disease Control and Prevention (CDC) notes that the flu can peak anytime between November and March.

Flu Transmission Schools are a prime location for the flu virus to attack and spread. It can be challenging to prevent children from getting the flu during the school year because: Flu is respiratory illness. Flu viruses are spread mainly by respiratory droplets from coughing, sneezing and talking. Droplets can spread to others up to about six feet away and may land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Less often, a person may get the flu by touching a surface or object that has flu virus on it and then touching their own mouth or nose. Schools are a prime location for the flu virus to spread. It can be challenging to prevent children from getting the flu during the school year so it's important to take preventative measures.

Preventing the Flu **1)** Vaccination is the cornerstone of flu prevention. The CDC recommends that everyone 6 months and older get a flu vaccine. **2)** Good hygiene habits help control spread of the flu virus. Teach your child these tips to help prevent the spread of flu virus. **a.** Cover your coughs and sneezes with the inside of your elbow or a tissue **b.** Wash your hands with soap and water **c.** Avoid touching your face – especially your eyes, mouth, and nose – as it can spread germs **3)** Antiviral flu medicines prescribed by a doctor directly attack the flu virus and are an important adjunct to vaccination for flu prevention and control.

What to do if Your Child Gets the Flu Even with preventative measures, sometimes you or your child may still get the flu. If your child has flu symptoms, schedule an appointment with your pediatrician. Your pediatrician may prescribe an antiviral flu medicine that directly attacks the flu virus. Antivirals are an important adjunct to vaccination for flu prevention and control.

If your child gets the flu, it's important that they spend time resting. Keep your child at home for at least 24 hours after his or her fever is gone.

Mitchell Henderson, RN
School Nurse, Stephenson Elementary
School Health Services
Multnomah Education Service District
Phone: (503) 916-6318
Email: mhenderson@mesd.k12.or.us

Stephenson

Student ID Cards—\$2.00



On SALE before or after school in the main hall near the front doors.

STARTING MONDAY, December 9, 2019

ALL proceeds raised will benefit the 4th grade Oregon Trail Overnight Field Trip in the Spring.

Stephenson Season of Sharing 2019

This year Stephenson will be participating in two giving activities to support our Stephenson Families in need and PPS students across the district.

Here is How You Can Help:

*Select a snowman tag from the main office front window starting 12/2/19, purchase the gift and return the wrapped gift to the main office with tag attached by 12/19/19.

*Participate in our winter wear clothes drive to support the PTA Clothes Closet by donating new underwear, new socks, and gently used coats/jackets, hats, scarves and gloves.

Thank You! Happy Holidays!



**SPIRIT
DAYS**

Stephenson SPIRIT DAYS



***Wednesday,
December 18th:**



Crazy Hair Day



***Thursday, December 19th:**

Hat Day



***Friday, December 20th:**

Blue and Yellow Day



2020 STATE TESTING

As we close out the calendar year it is time we think about **STATE TESTING**. All 3rd-5th grade families will be given a copy of the **2019-2020** Annual Notice for Statewide Tests which has all the information you will need. A number of tests are administered to students each year.

They Include:

***English Language Proficiency Tests (ELPA)** - given to students who receive English as a Second Language services in grades Kindergarten – Fifth Grade.

***Oregon Summative Assessments English Language Arts (OSAS)** - given to all students in grades 3-5.

***Oregon Summative Assessments Mathematics (OSAS)** - given to all students in grades 3-5.

***Oregon Science Assessment** – given to students in grade 5

Oregon House Bill 2655 allows parents to “opt” their child out from all or some of the testing.

Where can I learn more about this?

Contact our testing coordinator Sarah Batten sbatten@pps.net, PPS Testing website or Principal Galindo.

Where can I get the form?

The forms will be in the Stephenson Office, or contact Sarah Batten, Carlos Galindo, your child’s teacher, or download the forms at <https://www.pps.net/Page/1651>.

Girls on the Run 2020.....We Need Your Help!

Each team can have 8-15 girls, which requires 1 head coach and 2 assistant coaches. **We need all coaches by January 31.** The head coach must be female. Adam Brittle can be an assistant coach, so we will need one female head coach and an another assistant. We are working towards a 5K run on May! Parent Adam Brittle is the site liaison, and interested parents may contact him at 503.544.2031 or adam@brittle.law.

Coach Requirements:

- Pass Background Check (paid for by GOTR)
- Head Coach = 21+ and Female
- Assistant Coach = 18+ can be Male or Female
- New Coaches = 5 hr. National Coach Training
- Returning Coaches = 2 hr. Kick Off (in February)
- CPR/First Aid Trained - 2 coaches per team
- Preseason meeting with Site Liaison (February)
- Online training in January and mid-season

Coaches can be caregivers, teachers, school staff, parents, community members, etc.





Join the Conversation on the future of Wilson High School!

December 12th 5:00 p.m. to 7:00 p.m.



Please join your friends and neighbors at the upcoming Wilson Conceptual Master Planning Forum on Thursday, December 12th from 5:00 p.m. to 7:00 p.m. at Wilson High - Location TBD.

See several concepts of what a modernized Wilson campus would look like and share your thoughts with the project team and your local School Board member, Andrew Scott.


Please come and share your thoughts

Over the last several weeks members of the Wilson Conceptual Master Planning Committee (CMPC) have been working on ideas of what a future Wilson High School would look like after a modernization. This forum provides an opportunity for the greater community to weigh in on those ideas and to share their feelings and concerns with the project team and their school board representative before they are finalized and presented to the full Board.

What is Conceptual Master Planning?

The conceptual master planning process will determine each school's overall program needs, site layout, and estimated costs for historic modernization vs. new construction. The early planning effort will help us more accurately determine the cost estimates for the modernization or the rebuilding of that school. This information will help PPS in the planning of future capital improvement bonds.

More information can be found at the [Wilson CMPC website](https://www.pps.net/Page/14290).
<https://www.pps.net/Page/14290>



Stephenson Elementary School's PTA presents a

WINTER GIFT BAZAAR

SATURDAY,
DECEMBER 7
10 AM TO 4 PM

FREE
ADMISSION

seasonal treats · handmade gifts · local artists

STEPHENSON ELEMENTARY SCHOOL
2627 SW STEPHENSON STREET • PORTLAND



Holiday Gift Bazaar – THIS SATURDAY!

Please join Stephenson Elementary this **Saturday Dec. 7th** from **10am till 4pm** for shopping, treats and a fundraiser benefiting the PTA!

Over **30 local vendors** will be selling hand-made goods. Organic bath products, art, toys, home decor, clothing, greeting cards & more! Plus treats, wreaths & seasonal tabletop decor all of which will benefit the Stephenson PTA. **Shop local and support small business** this holiday season in SW Portland!

PTA MEETING – December 10th

Our next PTA Meeting will be **Tuesday, December 10th**. This will be a **morning meeting** at **8am** in the staff book room. PTA meetings are a great opportunity to let your voice be heard as a parent. We hope to see you there!

Dining Out in December: Chez Jose

Our December dining event is coming up, and the timing couldn't be more perfect! We all need a break from cooking this time of year, and **Chez Jose** has you covered! Join us on **Monday, December 16th** at family favorite **Chez Jose** (8502 SW Terwilliger) starting at 4PM, where they will donate a portion of their proceeds to the Stephenson PTA. **Dine-in and to-go orders are eligible, as well as gift certificates!** So, stock up on gifts (or for yourself!) to enjoy Chez Jose anytime of the year.

Holiday Shopping for Stephenson

Help raise money for Stephenson this holiday season by joining our two merchant partners: **AmazonSmile** and **Fred Meyer Rewards**. Every purchase you make this holiday season (and all year round!) through these two programs will help benefit our school. Please see the flyers at the end of New Notes to learn more about how to sign up for these simple, yet meaningful programs.

Konstella - PTA info on your smartphone or PC

Stay connected to your Stephenson PTA with our app **Konstella** and it's free to use. This is **THE BEST way to stay in the know on school-related info, events and fundraisers**. You do need a special code to connect with Stephenson. Check out the flyer attached to this week's News Notes or email stephensonlionPTA@gmail.com. If you don't have a smartphone or just prefer to use a web-based program, you can sign up online here: <https://www.konstella.com/>.

CHEZ JOSE PRESENTS!

MONDAY NIGHT DINE OUT FOR SCHOOLS!

Ten percent of all dine-in, to-go and gift certificate sales on
Monday, December 16th, 2019 will be donated to
Stephenson Elementary School PTA.

This is a great opportunity to show support for a great neighborhood school.
Buddy up with another family (to make a party of 6 or more) and we'll reserve a
table for you. We have limited tables to reserve, so call soon!



**Stephenson Elementary School PTA Fundraiser -
Monday, December 16th, 2019 4pm-9pm**

Chez Jose Mexican Café, 8502 SW Terwilliger Blvd., Portland, OR 97219

www.chezjoserestaurant.com (503) 244-0007

Do you shop at Fred Meyer? Sure, we all do! Did you know you can be raising money for Stephenson with the things you are buying anyway??? Join the 43 households that are already fundraising!

Here are the easy steps to setting up your Community Rewards account.

Log onto <https://www.fredmeyer.com>

At the top of the home page, look for the Savings & Rewards pull down menu



Click on "Fred Meyer Community Rewards", then Click on "Re-Enroll or link your Rewards Card now".

Community Rewards

At Fred Meyer, you can raise money for your favorite charity every time you shop.

When Shopping & Giving Unite

Shop every day for your favorite items and help raise money for your favorite charity. You can raise up to \$100 per month for your favorite charity. You can also raise money for your favorite charity by shopping at Fred Meyer. You can also raise money for your favorite charity by shopping at Fred Meyer. You can also raise money for your favorite charity by shopping at Fred Meyer.

Are you a Fred Meyer Customer?

Yes, you are! You can raise money for your favorite charity every time you shop at Fred Meyer. You can also raise money for your favorite charity by shopping at Fred Meyer. You can also raise money for your favorite charity by shopping at Fred Meyer.

Learn more about Community Rewards.

Re-Enroll or link your Rewards Card now.



You will be prompted to sign in to an existing account, or create a profile if you are a new user. You can now enroll with an organization.

You will need to enter Stephenson's organization number: **DY996**

Presto! Now every time you shop at Freddie's, you are raising money for Stephenson!

Community Rewards

✔ You have successfully enrolled in Community Rewards.

Donation Summary

Status:

Currently Enrolled

Organization Name:
Stephenson P/A

Enrollment Date:
09/11/2018

Organization Number:
DY996

*****If you are already enrolled, please log in and double check that you are still connected to Stephenson. Kroger recently issued a NEW account number so we need everyone to verify that they are correctly enrolled!!!*****

Did you know that every time you shop Amazon, you could be fundraising for Stephenson? Amazon Smile donates 0.5% of every purchase to once you have linked your account.

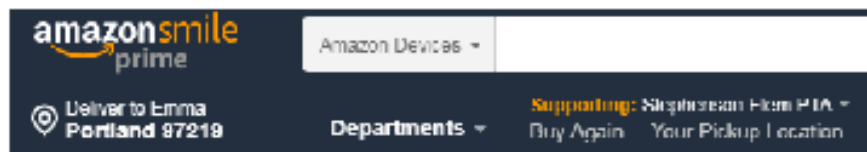
The tricky part... you have to access the special homepage: <https://smile.amazon.com>

This page is only accessible via a browser (google, safari, explorer etc.) not via an app. They make you jump through an extra hoop but it's worth it to fundraise for Stephenson, right?

Easy tips to make Amazon Smile work best in your life:


*On your desktop, visit smile.amazon.com and bookmark this page so you land on it every time you shop.

*Sign into your account and choose Stephenson Elem PTA as your charity of choice:



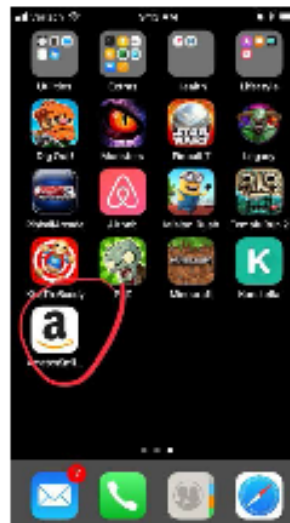
*IF YOU ARE A PHONE/TABLET PERSON (I get it), You have to visit the site via a browser! To make it simpler you can create an easy-peasy shortcut to the Amazon Smile page:

*On your phone, navigate to smile.amazon.com via your browser (Safari for example)

*Hit the Share button on the bottom middle of your screen 

*Click "Add to Home Screen"

*Click "Add". Presto! you have made a direct link button on your phone or tablet's homepage!



THANK YOU FOR TAKING THE TIME TO SET THIS UP! WE SINCERELY APPRECIATE YOUR EFFORTS!